

Responding Well to Anxiety and Fear May 31, 2020

Ecclesiastes 12:13-14, *“Here is the conclusion of the matter: Fear God and keep his commandments, for this is the whole duty of man.”*

Proverbs 1:7, *“The fear of the LORD is the beginning of knowledge.”*

Hebrews 13:5-6, *“God Himself has said, “I will never desert you, nor will I ever forsake you,” so that we confidently say, “The Lord is my helper, I will not be afraid. What will man do to me?”*

Deuteronomy 31:1-4, *“So Moses went and spoke these words to all Israel. ² And he said to them, “I am a hundred and twenty years old today; I am no longer able to come and go, and the Lord has said to me, ‘You shall not cross this Jordan.’ ³ It is the Lord your God who will cross ahead of you; He will destroy these nations before you, and you shall dispossess them. Joshua is the one who will cross ahead of you, just as the Lord has spoken. ⁴ The Lord will do to them just as He did to Sihon and Og, the kings of the Amorites, and to their land, when He destroyed them.”*

Deuteronomy 31:6-8, *“Be strong and courageous, do not be afraid or tremble at them, for the Lord your God is the one who goes with you. He will not fail you or forsake you.” Then Moses called to Joshua and said to him in the sight of all Israel, “Be strong and courageous, for you shall go with this people into the land which the Lord has sworn to their fathers to give them, and you shall give it to them as an inheritance. ⁸ The Lord is the one who goes ahead of you; He will be with you. He will not fail you or forsake you. Do not fear or be dismayed.”*

Isaiah 41:10, *“Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand.”*

Daniel 3:4-6, *“Then the herald loudly proclaimed: “To you the command is given, O peoples, nations and men of every language...to fall down and worship the golden image that Nebuchadnezzar the king has set up. But whoever does not fall down and worship shall immediately be cast into the midst of a furnace of blazing fire.”*

Daniel 3:16-18, *“Nebuchadnezzar, we do not need to give you an answer concerning this matter. If it be so, our God whom we serve is able to deliver us from the furnace of blazing fire; and He will deliver us out of your hand, O king. But even if He does not, let it be known to you...that we are not going to serve your gods or worship the golden image that you have set up.”*

Daniel 3:24-25, *“Was it not three men we cast bound into the midst of the fire?” They replied to the king, “Certainly, O king.” He said, “Look! I see four men loosed and walking about in the midst of the fire without harm, and the appearance of the fourth is like a son of the gods!”*

Daniel 3:28-29, *“Blessed be the God of Shadrach, Meshach and Abed-nego, who has sent His angel and delivered His servants who put their trust in Him, violating the king’s command, and yielded up their bodies so as not to serve or worship any god except their own God. Therefore I make a decree that any people, nation or tongue that speaks anything offensive against the God of Shadrach, Meshach and Abed-nego shall be torn limb from limb and their houses reduced to a rubbish heap, inasmuch as there is no other god who is able to deliver in this way.”*

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